

MINUTE OF MEETING

MID DEESIDE COMMUNITY TRUST – BOARD

26th September 2018 at 7.00 pm

Conference Room, Victory Hall, Aboyne

Present:	Hamish Forbes (HF)(Chair), Alan Emslie (AE) and minutes, Duncan Cassie, Wilson Forbes (WF), Ian Wallace (IW) MDCC observer.																																																																																																													
Apologies:	Apologies received from Barry Hauxwell (BH), Gil Barton (GB), Cllr Peter Argyle (PA), Richard Smout (RS), Mark Mitchell (MM), Lynn Mackie (LM)																																																																																																													
1.	Welcome and Approval of Minutes: Welcome by HF. Minutes approved by DC, seconded by WF.																																																																																																													
2.	Accounts: See below for funds on hand. <table><tr><th>Project</th><th>Bank</th><th>Restricted Funds</th><th>Unrestricted Funds</th><th>Total Bank Account</th></tr><tr><td>AA</td><td>£</td><td>£</td><td></td><td></td></tr><tr><td>Aboyne Jubilee Fountain</td><td>£</td><td>£ -</td><td></td><td></td></tr><tr><td>Aboyne Playpark</td><td>£ 180.71</td><td>£ 180.71</td><td></td><td></td></tr><tr><td>ACES</td><td>£ 3,847.51</td><td>£ 3,847.51</td><td></td><td></td></tr><tr><td>Deeside CPR</td><td>£ 3,611.08</td><td>£ 3,611.08</td><td></td><td></td></tr><tr><td>Community Education</td><td>£ 10,642.00</td><td></td><td>£ 10,642.00</td><td></td></tr><tr><td>Young at Heart Deeside</td><td>£ 2,085.42</td><td>£ 2,085.42</td><td></td><td></td></tr><tr><td>Aboyne Breastfeeding Gp</td><td>£ -</td><td>£ -</td><td></td><td></td></tr><tr><td>MDCT General</td><td>£ 15,393.18</td><td></td><td>£ 15,393.18</td><td>£ 35,759.90</td></tr><tr><td>DCT General</td><td>£ 31,566.30</td><td>£ 31,566.30</td><td></td><td></td></tr><tr><td>DCT - Hospital Transport</td><td>-£ 145.86</td><td>-£ 145.86</td><td></td><td></td></tr><tr><td>DCT - New Bus</td><td>£ 38,000.00</td><td>£ 38,000.00</td><td></td><td>£ 69,420.44</td></tr><tr><td>Bell Wood Carpark</td><td>£ 2,673.77</td><td>£ 2,673.77</td><td></td><td></td></tr><tr><td>ACW</td><td>£ 13,098.98</td><td>£ 13,098.98</td><td></td><td>£ 15,772.75</td></tr><tr><td>ABPA</td><td>£ 5,414.20</td><td>£ 5,414.20</td><td></td><td>£ 5,414.20</td></tr><tr><td>Wheelers</td><td>£ 28,228.60</td><td>£ 28,228.60</td><td></td><td>£ 28,228.60</td></tr><tr><td>Total</td><td>£ 154,595.89</td><td>£ 128,560.71</td><td>£ 26,035.18</td><td>£ 154,595.89</td></tr></table> <table><tr><td>MDL</td><td>UnRestricted</td><td>Reserves Qtrly</td><td></td></tr><tr><td>RDP</td><td>£ 6,269.09</td><td>MDCT</td><td>£ 5,651.13</td></tr><tr><td>Management Fees</td><td>£ 9,124.09</td><td>DCT</td><td>£ 25,402.25</td></tr><tr><td></td><td><u>£ 15,393.18</u></td><td>ACW</td><td>£ 4,000.00</td></tr></table>				Project	Bank	Restricted Funds	Unrestricted Funds	Total Bank Account	AA	£	£			Aboyne Jubilee Fountain	£	£ -			Aboyne Playpark	£ 180.71	£ 180.71			ACES	£ 3,847.51	£ 3,847.51			Deeside CPR	£ 3,611.08	£ 3,611.08			Community Education	£ 10,642.00		£ 10,642.00		Young at Heart Deeside	£ 2,085.42	£ 2,085.42			Aboyne Breastfeeding Gp	£ -	£ -			MDCT General	£ 15,393.18		£ 15,393.18	£ 35,759.90	DCT General	£ 31,566.30	£ 31,566.30			DCT - Hospital Transport	-£ 145.86	-£ 145.86			DCT - New Bus	£ 38,000.00	£ 38,000.00		£ 69,420.44	Bell Wood Carpark	£ 2,673.77	£ 2,673.77			ACW	£ 13,098.98	£ 13,098.98		£ 15,772.75	ABPA	£ 5,414.20	£ 5,414.20		£ 5,414.20	Wheelers	£ 28,228.60	£ 28,228.60		£ 28,228.60	Total	£ 154,595.89	£ 128,560.71	£ 26,035.18	£ 154,595.89	MDL	UnRestricted	Reserves Qtrly		RDP	£ 6,269.09	MDCT	£ 5,651.13	Management Fees	£ 9,124.09	DCT	£ 25,402.25		<u>£ 15,393.18</u>	ACW	£ 4,000.00
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3.	<p>Transport Gail gave an update on transport</p> <p><u>Funding & New Bus</u> We were given supplementary guidance for procurement requirements to include within our LEADER application. If an item is over £50,000.01 a formal tender process is required, a review of the tender process was sent to all board members. All board members emails were required to be updated on the system and a breakdown of De Miminus funds as well as public funds had to be declared. It would be beneficial to the transport project if the Board would approve the loans from MDCT and DCT funds. The SALAG team will meet in October to discuss all applications and they will give us notification if our project was successful or not on 2nd December 2018. It is necessary to move quickly to order the new bus and to arrange a successful sale of the BU12 SBX.</p> <p><u>Transport to and from Aboyne Medical Centre & Hospital</u> The service is continuing its success and we have had 49 requests for the service and we have been able to fulfil 35 requests. We could not get drivers for 8 of the requests, 1 cancellation was due to no bus availability and 5 passengers cancelled at the last minute. We have found that using volunteers with cars is proving more economical. We now have 2 in Aboyne, 1 in Banchory. We will try and get one in Ballater, Torphins, and Lumphanan.</p> <p>The project has received £185.10 in donations from passengers and we received £200 from Aboyne Playgroup in June. The pilot is now in arrears of we have put in a fund request with Nestrans through Aberdeenshire Council for over £2,000 to extend the pilot.</p> <p>We are now live with our website and the livery has been completed for our first bus, which looks great.</p>
4.	<p>AGM The proposed date is 26 October. Similar format to last year is proposed with cheese and wine on offer. It is proposed to increase the membership by submitting a flyer to each household in Aboyne during September/October. HF presented the flyer and application form which is to be widely distributed. Note: a meeting is to be held prior to the AGM on the 17th of October to finalize the plans.</p>
5.	<p>Project Updates:</p> <p>Woodlands AE gave an update. Re new car park, A further meeting was held with architect and Drawings have been updated in preparation for applying for planning permission. Tree survey has been done, just awaiting the report. AE has attended for walk leader training in Aberdeen 11 September and has attended 2 walks with residents from Bonty court. We would like to start some walks in the Bellwood. DC and AE removed 2 trees that had fallen over the new deer fence and then reinstated the fence last weekend. Also we installed 6 route marker posts in the woods with postcrete, still 9 more to go.</p> <p>AE joined the Marr Path Network knowledge hub to get advice and assistance on path construction, maintenance and funding.</p> <p>BH will resign from MDCT at the end of next month at the AGM. He will be missed in the role of Woodlands coordinator and his significant contributions to this role have been very much appreciated by the board. HF asked if AE or DC would take on the role. DC said</p>

he is too busy with his job to take on the role, so AE has agreed to take over from Barry. A handover will be done in October. DC will continue to assist with the woodland projects.
A tree survey to determine the status of the new trees that were planted earlier this year will be done in October or November. This will allow us to order and replant any dead ones during this winter.

Aboyne bike park

No update.

Aboyne wheelers

HF and LM met with the Wheelers group since last meeting and will give an update at the next meeting.

CPR Deeside

AE received an update on the project from Linda Cunningham. This group is very active and has conducted a significant amount of training. See below a summary of the impressive amount of activity by the group during 2018.

In 2018 our activities have been as follows (will give more detail re numbers for AGM):

Heart Start courses:

*Lumphanan Primary School
Keig Primary school
Keig Community
Birse Community
Finzean Community
Aboyne Community x 2 courses
Lumsden Community x 2 courses
Tullynessle Community x 2 courses
Donside Young Farmers*

CPR demos and practise and defibrillator familiarisation:

*Aboyne Academy x 4
Kincardine O Neil WRI
Douneside house
Westhill Academy (with Sandpiper Wildcat)
Donside Football Club x 2 (with Fire Service)
Keith Primary School (with Sandpiper Wildcat)
Deeside Pony Club
Aboyne After School Club
Aboyne Breast feeding group x 2
Lumsden Primary School
Oil company (with Sandpiper Wildcat)
Stand at Lumphanan Gala and Tarland Show
Stand at Tarland Food and Music Festival*

Defibrillators:

First Responders continue to check the defibrillators monthly. They have all recently had replacement pads due to expiration.

The Finzean defibrillator has now been used twice (unsuccessfully, but its presence and the fact that those who had brought it knew how to use it and were confident in doing so, was much appreciated) and some others have been taken out in case needed but weren't needed.

	<p><i>As it is 4 years since the first defibs were installed and the battery life is absolutely it 5 years, we expect to have to replace batteries sometime next year. Will report on funds left for AGM and requirements to change batteries.</i></p> <p><i>Going forward: We would like to get into some of the schools in this area again and continue with our community work and clubs.</i></p> <p>Community garden No update</p> <p>Health and wellbeing <u>Young@Heart Deeside</u> The group met on the 4th September to discuss the progress of the initiative. There has been a good response to social media and an increase in members which is very positive. The main themes from the April workshops have been analysed and the following 3 areas are the key focus in future.</p> <ul style="list-style-type: none"> • 3rd age learning • Active lifestyles • Creative arts <p>A formal launch will take place in November in victory hall, it will involve activities, speakers, light lunch and will be aimed at men and women. One key area from the workshops was 'Creative play for Grandparents' and this will be one of the focuses for the launch event.</p> <p><u>Mid Deeside Health and Wellbeing Group (MDH&W)</u> The first meeting took place on the 18th September at Tangletree, Aboyne. The group comprises the following professionals; Mindfulness, Reflexology, Fitness instructors, Wellbeing specialists, Artists etc. The main of the group is to develop a Social Prescribing model for the area and all attendees are very keen to become involved. GB provided an overview of the policy directives in this area and the focus is very much on reducing loneliness and isolation., self-management, prevention and taking a non-medical approach to health and wellbeing. In order to proceed it was agreed that a pilot project would be developed. This would form the basis for any funding applications. The timeline for the pilot is early 2019, however this is dependent on interest from GP practices. GB will be exploring this, starting with Aboyne Medical Practice.</p> <p>Jubilee fountain WF updated us on the ongoing issues which relate to an unknown thick substance which appears to be present and has broken the Fountain's water pump. A sample has been sent for lab analysis by Ed Smith, results are still pending. There is not much that can be done until the lab results are back. WF will update further at the next meeting with a plan forward.</p>
6.	<p>A.O.B.:</p> <p>Launch of new company name and website New website is now live, and it looks very good.</p> <p>MDCC survey IW advised that this is now closed online, however some hard copies may still be available and if handed in promptly they may still be accepted.</p>

	Date of next meeting: 17 th October 2018 at 7.00pm, Conference Room, Victory Hall, Aboyne.
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Date Approved ...14.11.18.....

.....SOO.....Chairman